



resources for
autism
resourcesforautism.org.uk

ART THERAPY

Specialist art therapy for people
on the autistic spectrum

We run art therapy for people with a diagnosis of Autism at:

Resources for Autism
858 Finchley Road
NW11 6AB

Art therapy helps people with autism of all ages and abilities to communicate, interact and express themselves.

A relationship is created with the therapist using spontaneous art as the basis for communication.

The benefits of art therapy can include:

- Increasing communication, interaction and self-expression
- Developing an awareness of self and others
- Providing emotional support
- Increasing self-confidence
- Developing skills such as listening, sharing and turn-taking
- Developing co-ordination and motor control

Art therapists work with individuals or groups.

Application is easy via www.resourcesforautism.org.uk and click on the referral form box or telephone 020 8458 3259 for a hard copy or help completing the form.

For more information please call Chris Peckham on 020 8458 3259

Or e-mail chris3@resourcesforautism.org.uk

There is a charge for this service. Subsidised places are available for those on low income

Resources for Autism, 858 Finchley Road, London, NW11 6aB
Telephone: 020 8458 3259 Charity Number

