



Where to go for music therapy now our service has finished?

Although we are no longer offering music therapy through Resources for Autism, we have forged a close partnership with North London Music Therapy, who will be offering sessions from our premises from January 2024.

You can contact them through their website here:

<https://www.northlondonmusictherapy.com>

Who else offers music therapy or inclusive music groups?

Please be aware that we do not have professional relationships with these organisations and that charges and waiting lists vary from service to service.

Music Therapy and Inclusive Music organisations:

Ace Music Therapy (Essex): <https://www.acemusictherapy.co.uk/about>

C Potential (North London): <https://cpotential.org.uk/services/music-therapy/>

Chiltern Music Therapy (Various locations): <http://www.chilternmusictherapy.co.uk/>

Connect Music Therapy (Various locations): <https://www.connectmusictherapy.com/>

Clap & Toot Music Therapy (South London): <https://www.clapandtoot.com/>

East London Music Therapy: <https://www.eastlondonmusictherapy.co.uk/>

Essex Music Therapy: <http://essexmusictherapy.co.uk/>

In-Deep (Central London Charity offering MT groups):
<http://in-deep.org.uk/activitie/childrens-music-therapy/>

The Music House (Inclusive 1:1 and group sessions in Shepherd's Bush)
<https://www.musichouseforchildren.com/>

Music Therapy Lambeth (Therapy in schools & children's centres):
<https://www.musictherapylambeth.org.uk/>

Music Therapy Tree (Therapy in schools & community groups around Enfield):
<http://www.musictherapytree.org.uk/>

Nordoff Robbins Music Therapy (Centres in Kentish Town & Croydon):
<https://www.nordoff-robbins.org.uk/>

Owl Music Therapy (North London): <https://www.theowltherapycentre.co.uk/the-team/the-team-in-england/london/london-north-team/music-therapists-in-north-london.html>

Richmond Music Trust (Centre in South West London; outreach work across the city):
<http://www.richmondmusictrust.org.uk/musictherapy>

Singing Hands (SW London in-person and online children's music / sign classes)
<https://singinghands.co.uk/>

Wac Arts (inclusive art and performance activities in Belsize Park)
<https://www.wacarts.co.uk/>

You can also try to find a therapist through the British Association of Music Therapy:
<https://www.bamt.org/british-association-for-music-therapy-resources/find-a-therapist.html>

Individual Practitioners:

Abby Woolston Music Therapy (Private Practice in North Essex, North Herts):
awmusictherapy.co.uk

Hilary Davies Music Therapy (Specialist online music therapy):
www.hdmusictherapy.co.uk

Hope Music Therapy (Private Practice in Haringey):
<https://hopemusictherapy.co.uk/>

Margaret Nicholson (Private Practice in SW London):
musictherapysurrey@outlook.com

Inner Echo Music Therapy (Private Practice in Enfield)
<https://www.innerechomusic.com/>

Sarah Gummatt-Hart (Private Music Therapist in Surrey):
<https://www.littlehartsmusic.com/>



Charity Number: 1061253 Company Number: 3326332
858 Finchley Road, London NW11 6AB | T: 020 8458 3259
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