



RfA Birmingham Au Struck Group

Key Information

For: Independent adults aged 19 years plus

Where: BAYC, 581 Pershore Road, B29 7EL

Time: Tuesday 7-9pm

Group Specifics Activities include: cooking, crafts, discussions on autism/identity, outings and more.

Cost: £10 (Subsidies available for those on low income)

Au Struck is a social group for autistic adults in Birmingham. Weekly activities are decided by the group and every other week the group choose a trip they want to go on such as restaurants, cinema and bowling.

All activities are co-produced with the adults that come to the Au Struck group but are facilitated by our autism specialists with the hope of building independence and social inclusion.

For more information or if interested in joining contact zvolschenk@resourcesforautism.org.uk

"From the first session at RfA I was amazed [they] knew exactly how to work with me without any issues. This made me realise it wasn't me that was too much for staff, it just depended on the staff having the right training!" "The feeling of "being accepted" is priceless."