



RfA Au Struck Group

Key Information

For: Independent adults aged 18 years plus

Where: Islington N7.

Time: Tuesdays 6.30-8.30pm

Group Specifics Activities include: cooking, quizzes, discussions on autism/identity, outings and more.

Cost: £10 (Subsidies available for those on low income)

Au Struck is a social group for autistic adults. The group decide if they want to take part in the weekly activity and every other week the group chose a trip they want to go on such as restaurants, cinema, bowling or exhibitions around London.

All activities are co-produced but facilitated by our autism specialists with the hope of building independence and social inclusion.

For more information or if interested in joining contact

michael@resourcesforautism.org.uk

"From the first session at RfA I was amazed [they] knew exactly how to work with me without any issues. This made me realise it wasn't me that was too much for staff, it just depended on the staff having the right training!" "The feeling of "being accepted" is priceless."