



RfA Art Group

Key Information

For: Semi-independent adults aged 18 years plus

Where: Barnet, NW11.

Time: Mondays 2-3.30pm

Group Specifics Focus on all the arts and art styles.

Cost: £10 (Subsidies available for those on low income)

Art group is for autistic adults who wish to develop art and craft skills as well as learning about artists and new styles in a therapeutic and relaxing environment.

The group experiment with a range of different mediums from pencil to acrylic paints. They can choose to focus on one specific medium over several weeks, or try something new each session.

For more information or if interested in joining contact michael@resourcesforautism.org.uk

"From the first session at RfA I was amazed [they] knew exactly how to work with me without any issues. This made me realise it wasn't me that was too much for staff, it just depended on the staff having the right training!" "The feeling of "being accepted" is priceless."