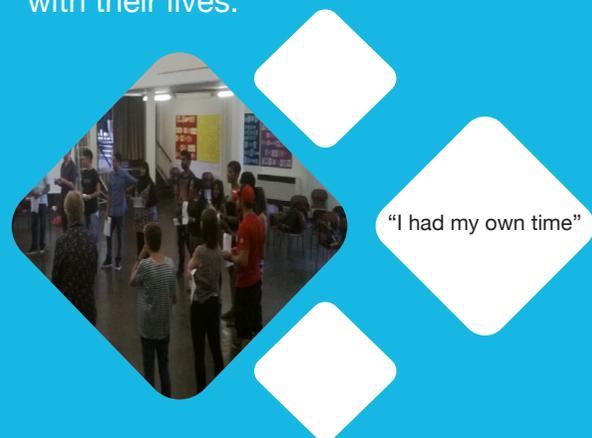


WHAT YOU GET OUT OF IT?

You will be placed with a family within a convenient travel time. Provided with on-going training, support and supervision. Access regular peer group meetings with other volunteers to discuss your work and raise any difficulties.

This role will give you the satisfaction of providing a positive experience for someone with autism and help a family move forward with their lives.



"I had my own time"

WHAT'S INVOLVED?

Volunteers must complete a programme of training before being placed with a family and have a clear DBS check and references (which can take a number of weeks). We ask for a commitment of 3-4 hours per week for at least 6 months, working directly with the family.

WHO ARE RESOURCES FOR AUTISM?

Resources for Autism is a charity that aims to improve the lives of children and adults who are diagnosed with autism; providing practical autism specific services and support to families

Our services include:

Play and Youth Clubs

Art and Music Therapy

Adult Social Groups

Reach Out (home-based support for families)

Information & Sign posting

Parent/Carer Support

Volunteer Training Programme

INTERESTED IN BECOMING A VOLUNTEER?

If you are interested in becoming a Reach Out Volunteer, please go to our website www.resourcesforautism.org.uk click 'get involved' then 'volunteer with us' and complete our on-line application form. You will then be contacted by your local Reach Out Volunteer Co-ordinator.

For telephone enquiries please call 020 8458 3259 for London & SE or 07791 403395 for West Midlands

Resources for Autism, 858 Finchley Road, London NW11 6AB
Tel: 020 8458 3259
Charity number 1061253. Co ltd by guarantee number 3326332



resources for
autism
resourcesforautism.org.uk

REACH OUT

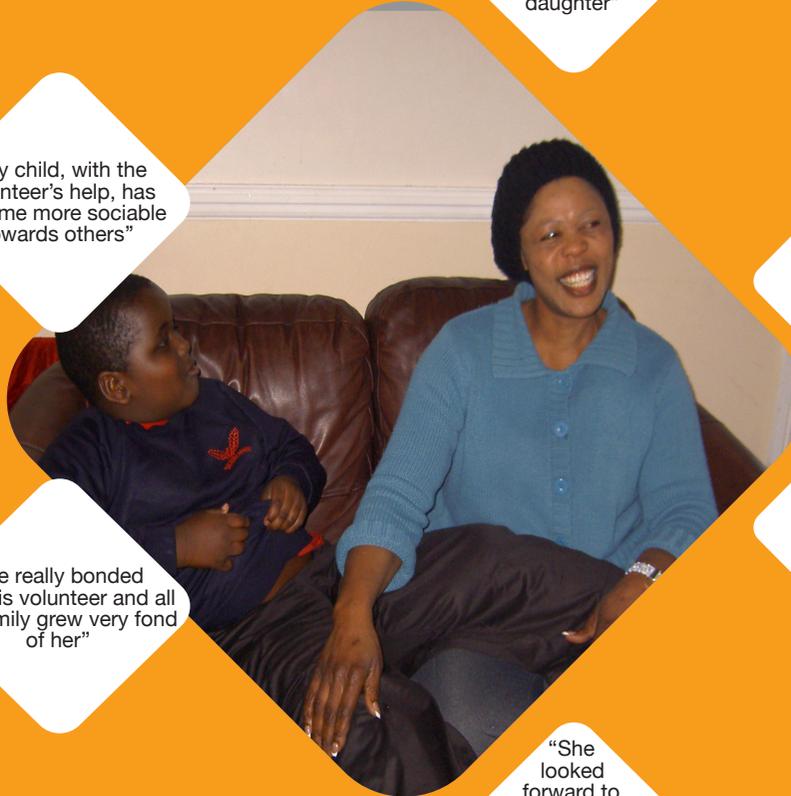
VOLUNTEERING TO SUPPORT FAMILIES AFFECTED BY AUTISM

WHAT IS REACH OUT?

A home based service to families affected by an Autistic Spectrum Condition (ASC), providing weekly volunteer support. This may be supporting an adult in their day to day life, helping a family with their child's behaviour or developing communication. Many may need help with getting out and about, time with siblings or just time for themselves. We have One to One specialist music or art therapy for children and adults.



"My child, with the volunteer's help, has become more sociable towards others"



"He really bonded with his volunteer and all the family grew very fond of her"

"I was able to have time for myself and attend to the needs of my younger daughter"



The support provided by volunteers may include:

- **Going out with an adult with autism.**
- **Helping parents to develop their child's communication and interaction.**
- **Playing with a child and supporting the parent's confidence in play.**
- **Providing an extra pair of hands on practical issues e.g. getting out and about.**
- **Providing information and signposting.**
- **Supporting parents in making links.**
- **Providing support to siblings.**

WHAT ARE WE LOOKING FOR?

Being a Reach Out volunteer is challenging but rewarding. Volunteers need to be willing to travel to families' homes, either by public transport or their own transport; travel expenses will be paid.

We need:

- **Reliability**
- **Excellent communication and interpersonal skills**
- **Ability to use own judgement and common sense**
- **Commitment**
- **Honesty and non-judgemental approach**
- **Objectivity**
- **Undertake potentially stressful situations**
- **The ability to form positive relationships**

"She looked forward to that special time she had with her volunteer, who really cared for her and it showed"