



## *Not able to access art therapy @ Resources for Autism?*

### *Who else offers art therapy and inclusive art projects?*

Please be aware that we do not have professional relationships with these organisations and that charges and waiting lists vary from service to service.

**Action Space** (For Artists with Learning Disabilities): <https://actionspace.org/>

**Art Therapy for All:** <http://www.arttherapy4all.co.uk/>

**Heart 'n' Soul** (creative arts charity supporting people with learning disabilities):  
<https://www.heartnsoul.co.uk/>

**Kids** (For children and young people with disabilities): <https://www.kids.org.uk/>

**Petra's Place** (Early Years Therapies): <https://www.petrasplace.co.uk/>

**The Art Therapy Agency:** <http://www.thearttherapyagency.co.uk/>

**The London Art Therapy Centre:** <https://arttherapycentre.com/>

You could also try to find a therapist through the British Association of Art Therapy:  
<https://www.baat.org/About-BAAT/Find-an-Art-Therapist>

## *I'm stuck on a waiting list wherever I go. What else can I do?*

- Look at what is available through the 'local offer' in your borough. Search online for 'Local offer insert your borough' e.g. 'Local offer Barnet.' See if there are any creative activities that would suit your child.
- Speak to your child's school about what is available there and find out more about any other links they have with local services. There may be group art sessions, not art therapy but still very supportive.
- Think about alternative ways of developing communication and self-expression with your child. This might give you some ideas:  
<https://www.intensiveinteraction.org/>
- If you're still stuck, feel free to contact Hugh ([Hugh@resourcesforautism.org.uk](mailto:Hugh@resourcesforautism.org.uk)) to talk through any questions or concerns.



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