



resources for  
autism  
resourcesforautism.org.uk

# MUSIC THERAPY

Specialist music therapy for people  
on the autistic spectrum

We run music therapy for people with a diagnosis of Autism at:

**Resources for Autism**  
**858 Finchley Road**  
**NW11 6AB**

Music therapy is a psychological intervention that uses the expressive elements of music as the main means of interaction between therapist and client. It is a primarily non-verbal therapy.

Usually a music therapist will be addressing the mental health needs of the person on the autistic spectrum, although there may also be benefit for social interaction, communication and imagination.

Music therapists work with individuals or groups.

Application is easy via [www.resourcesforautism.org.uk](http://www.resourcesforautism.org.uk) and click on the referral form box or telephone 020 8458 3259 for a hard copy or help completing the form.

For more information please call Steve or Linda on 020 8458 3259  
Or e-mail [Steven@resourcesforautism.org.uk](mailto:Steven@resourcesforautism.org.uk) or [Linda@resourcesforautism.org.uk](mailto:Linda@resourcesforautism.org.uk)

There is a charge for this service. Subsidised places are available for those on low income.

Resources for Autism, 858 Finchley Road, London, NW11 6AB  
Telephone: 020 8458 3259 Charity Number: 1061253

