



resources for
autism
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MONDAY ADULT ART GROUP

For adults aged 18+ with
autistic spectrum condition

THE MONDAY ART GROUP IS FOR ADULTS WITH AUTISTIC SPECTRUM CONDITION.

Group members are enabled to socialise with their peers whilst channelling their creativity into fine art, model making, pottery and mosaics.

The group is specifically aimed at Autistic adults who require some support in a closed group setting.

The Art group plan and attend outings to places of interest.

Whilst the group is non-directive (this means you can choose exactly what you do within the session) we always offer planned activities that you can take part in. We have a range of art materials available, including paint (oil, water-colour and acrylic), pastels, chalks and charcoals, clay, pencils, pens and collage material.

The Art group meets weekly on a Monday between 2.00-3.30pm in the RfA building at:

**Resources for Autism
858 Finchley Road
London
NW11 6AB**

There is a small charge for each session; however subsidies can be applied for if you cannot afford this.

If you are an adult with Autism who likes Art, come along and meet friends, get creative and have fun!

For more information or to discuss RfA's Adult Services, please contact the RfA Office on 020 8458 3259 or e-mail charlotte@resourcesforautism.org.uk.

